Vestibular Rehabilitation

A comprehensive treatment plan for dizziness and imbalance

Our Advanced Vestibular Rehabilitation Program Features:
- State-of-the-art equipment
- Modern treatment techniques
- Expert vestibular physical therapists

Treatmet for a wide range of conditions that can result in dizziness and imbalance:
- Benign paroxysmal positional vertigo (BPPV)
- Labyrinthitis
- Vestibular neuritis
- Acoustic neuroma
- Mild traumatic brain injury

In-depth evaluations:
- Infrared video imaging and recording of vestibulo-ocular function
- Biodex BioSway balance systems
- Standardized assessment scales to determine fall risk

Individualized treatment plans:
- Balance retraining with both static and dynamic balance exercises
- Sensory organization training
- Gaze stabilization exercises
- Canalith repositioning treatment (CRT or Epley Maneuver) for BPPV

Therapeutic benefits for your patients:
- Decreased dizziness and unsteadiness
- Reduction or elimination of positional vertigo and spinning sensation
- Reduced fall risk
- Improved mobility
- Increased safety and independence

For more information or to schedule an appointment, please contact:

STARS Manhasset
1554 Northern Boulevard, 4th floor
Manhasset, NY 11030
(516) 627-8470

STARS Massapequa
200 Boundary Avenue, Suite 300
North Massapequa, NY 11758
(516) 249-3760

(888) REHAB-03
nslij.com/stars